### 图书基本信息

书名:《实用针灸穴位图谱》

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#### 内容概要

《实用针灸穴位图谱》主要内容:This book is written with "accuracy, practicality, and simplicity" as guiding principles. Clear lined drawings detail the points of the fourteen meridians, commonly used extra points and points of the micro-acupuncture systems. The locations of acupuncture points reflect the government standards and currently acknowledged standards. They are separated into sections and areas. The author has combined more than 20 years of clinical and teaching experience to introduce easy point location methods and needling techniques for particular locations. The fourteen meridians are divided in various segments for comparisons that are helpful for clinical application. Furthermore, the author systematically covers the most commonly used points in their entirety. She has also collected and organized the materials documenting the micro-acupuncture systems which provide invaluable options for clinical acupuncture treatment.

### 书籍目录

Chapter .Commonly Used Methods to Locate Acupuncture Points .Anatomical Landmark Method .Proportional Measurement Method1.Head/Face2.Chest/Abdomen3.Lateral side Of the chest4.Back/Lumbar5.Upper extremities6.Lower extremities .Finger Measurement Method1.Middle finger measurement2.Thumb measurement3.Four-finger measurementChapter .Acupuncture PointsChapter .Commonly Used Extraordinary PointsAppendix Major Groups of Local Points

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