

《综合教程4学生用书》

图书基本信息

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前言

《综合教程》(Zooming In: An Integrated English Course)是“新世纪大学英语系列教材”中的主干教程,是根据教育部高等教育司颁发的《大学英语课程教学要求》编写的。本教程前四册可供大学英语教学基础阶段使用,旨在培养和提高学生的“听”、“说”、“读”、“写”、“译”诸方面的基本技能,协同《视听说教程》、《阅读教程》、《快速阅读》和《写作教程》全面实现《课程要求》规定的“一般要求”的教学目标。在编写过程中,我们力求突出以下一些特色:

- 1.立足国情,博采众长,充分吸收中国人长期积累的学习英语的有效方法,认真借鉴国外的教学理论和经验;全面落实《大学英语课程教学要求》提出的教学原则、教学内容和所倡导的教学方法。
- 2.坚持人本主义教育观,重视开发学习者的“自我潜能”,注重“情感”和“态度”在学习活动中的作用,鼓励学生开展课堂内外的自主学习活动,帮助学生成为“自我实现者”。
- 3.英语综合运用能力的培养应该建立在语言技能、语言知识、情感态度、学习策略和跨文化交际意识等诸方面的整体发展基础上;交际能力的习得应该与学习者的人格发展有机地结合起来。为此,我们从选材到教学环节的设计都坚持“聚焦于学习者”(zooming in on the learner)和“聚焦于文本”(zooming in on the text)的理念,力图使学生做到“学有所思”、“思有所得”、“得有所用”,通过全身心的体验轻松而快乐地学习和掌握英语。
- 4.在课堂教学活动和课后学习活动的设计和安排等方面,力求为教师和学生提供较为开阔的自主空间,让教师和学生都能根据各自的情况和已有的教学条件选择适合自己需要的教学模式和学习风格。

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内容概要

《综合教程4学生用书》是普通高等教育“十一五”国家级规划教材之一。“新世纪大学英语系列教材”按照《大学英语课程教学要求》，由外教社组织国内十余所著名高校英语教学专家，邀请国际知名视听教学专家，为我国大学生量身打造而成！

科学性、系统性和时代性的完美体现：以国内外先进外语教学理论为指导，融多种教学模式和手段为一体，满足一般要求、较高要求和更高要求的分层次教学需要。选材贴近时代、贴近生活；强化听说，注重听、说、读、写、译等技能协调发展；练习编写充分体现实用性、新颖性和可操作性。

语言能力和文化素质的同步提升：注重培养学习者的英语思维习惯，开拓跨文化交际视野，实现语言综合应用能力和人文素养的全面提高。

分类指导和因材施教的教学原则：综合、视听说、阅读、写作、快速阅读等主干教程和经贸、文化类选修课教程，涵盖语言知识、应用技能、学习策略和跨文化交际，充分满足个性化教学的需要，有助于学生提高语言综合应用能力，从容应对各级语言能力测试。

基于计算机和课堂的教学模式：提供完整、多元、立体化的英语教学平台，个性化的助学光盘、方便实用的电子教案、丰富多样的网络资源，使课堂内外教与学充分体现交互性、自主式和合作型的新型教学模式，实现培养学生终身学习能力的教学目标。

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章节摘录

Everyone in the class yelled , "Yes." The time-management expert replied , "Really ? " He reached under the table and pulled out a bucket of gravel (砾石) . He dumped some of the gravel in and shook the jar , causing the pieces of gravel to work themselves down into the spaces between the big rocks. He then asked the class once more if the jar was full. By this time the class was on to him and said , "Probably not." "Good , " he replied. He reached under the table and brought out a bucket of sand and started dumping it into the jar. The sand went into all of the spaces left between the rocks and gravel. Once more he asked if the jar was full. "No ! " the class shouted. Once again he said good and grabbed a pitcher (大水罐) of water and began to pour it into the jar until the jar was filled to the brim. Then he looked around the room and asked , "What is the point of this illustration ? " One student raised his hand and said , "The point is that no matter how full your schedule is , if you try really hard you can always fit some more in." "No , " the speaker replied , "that's not the point. The truth is that this illustration teaches us that if you don't put the big rocks in first , you'll never get them in at all."

What are the "big rocks" in your life ? Time with our loved ones , your faith , your health , your education , your dreams , a worthy cause , teaching or mentoring (辅导) others. Remember to put these BIG ROCKS in first , or you'll never get them in at all. So , tonight , or in the morning , when you are reflecting on this short story , ask yourself this question : What are the BIG ROCKS in my life ?

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