

# 《诸病中医中药外治大全》

## 图书基本信息

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# 《诸病中医中药外治大全》

## 内容概要

本书以英文的形式介绍了诸病的外治方法。

## 作者简介

About the Chief

Editor & Translator

Mr. Xu Xiangcai was born in 1943 in a small village on the banks of the Yellow River in Shandong Province.

In 1988 he created and designed the

English - Chinese

Encyclopedia of Practical Traditional Chinese

Medicine in 21 volumes.

While working on his encyclopedia he compiled and translated another exceptionally valuable book titled Complete External Therapies of Chinese Drugs.

These achievements made him one of the people who have done the most English translation of TCM and published the largest number of English books on TCM.

Besides, he was the sponsor of the first All-China Learned Society of TCM in English and directed the first two all-China symposiums of TCM in English.

Mr. Xu is now an associate professor at the Shandong TCM University, the acting deputy director of the Society of TCM in English Attached to the China Association of Integrated Traditional Chinese and Western Medicine and a committee member of the Translation Society Attached to the China Association of Traditional Chinese Medicine and Pharmacy.

About the Deputy Chief

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Jiang Zhaojun is a professor at

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Ouyang Bing is an associate professor with a Doctor's degree at the Shandong TCM University. He has worked as a researcher of TCM documents for nearly 15 years.

Jacket design: Wang Zhi

## 书籍目录

### Introduction

1. The History and Development of External Therapy with Chinese Drugs

2. Advantages of External Therapy with Chinese Drugs

3. Brief Accounts to Commonly-used Methods of External Therapy with Chinese Drugs

(1)FuFa:

coating the affected part with drug paste

(2) Tu Fa:

painting the affected part with drug paste

(3) Dian Fa:

point-painting body surface with paste or liquid medicine

(4) Tie Fa:

sticking a plaster to the skin

(5) Pu Fen Fa:

dusting medicinal powder on body surface

(6) Fa Pao Fa:

vesicating the skin with drug

(7) Qi Liao Fa:

coating the navel with drug

(8) Chan Yao Fa:

applying medicinal powder to the affected part

(9) Wo Yao Fa:

holding drug in hand

(10)1)011 DuFa:

covering the abdomen with a drug undergarment

(11)ZhenFa:

using a drug pillow

(12)PuFa:

using a drug bed

(13) PeiDaiFa:

wearing a drug bag on the chest

(14)MoCaFa:

rubbing body surface with drug

(15) Yun Fa:

ironing body surface with hot drug

(16)Chan YaoFa:

using a drug waistband

(17) Yan Xun Fa:

drug-smoking

(18) Re Hong Fa:

drug-toasting

(19) Jiu Ku Dan Shao Jiu Fa:

burning drug on a pressure pain point

(20) Xun Xi Fa:

steaming and drip-washing with drug decoction

(21) Xun Zheng Fa:

steaming muscles and skin with hot drug vapor

- (22) Yan Fa:  
compress with drug
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sitting on drug
- (24) Guan Chang Fa:  
enema with drug decoction
- (25) Han Shu Fa:  
gargling with drug decoction
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- (30) Sai Bi Fa:  
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tucking drug into the anus
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Appendix Two: Attached Prescriptions

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