

《佛陀说》

图书基本信息

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作者：蔡志忠

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作者简介

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蔡志忠

籍贯/台湾彰化

出生/一九四八年二月二日

经历/一九六三年起开始画连环漫画

一九七一年任光启社电视美术指导

一九七六年成立远东卡通公司、龙卡通公司，

拍摄卡通作品有《老夫子》第一、第三集、《乌龙院》，

《老夫子》第一集获一九八一年最佳卡通影片金马奖

一九八三年开始在报章杂志上发表四格漫画，作品在

新加坡、香港、马来西亚、日本报章上长期连载

一九八五年获选为台湾十大杰出青年

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书籍目录

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精彩短评

- 1、用漫画的形式来凸显内容，比较适合小朋友读的书。
- 2、啊，佛，我来了
- 3、诸行无常.....诸法无我.....涅槃寂静.....
- 4、道理讲得很直接，看起来也比较轻松，但是恐怕不能太当真
- 5、挺有趣
- 6、对于佛教入门来说比看某些资料要好很多，也很直接。千言万语三句话：诸行无常，诸法无我，涅槃寂静。境界不知可否去体会
- 7、真牛逼啊这本书还在。希望大家少一些谩骂，多看些佛学的书，感悟下世间真理，提高一下心境，对以后的工作生活都是大有益处的。

1、我向所有真理实相的追求者致敬。开首之先，我们要知道，真理是如其所如的。你们无法改变真理，你们要如其所如的接受它。很可惜，以人类的知觉，我们不能知道真理。要有一些事情发生在我们身上，我们才可以知道真理。因此，在所有的经典，如法句经，圣经、印度的经典或古兰经都说，你们要通过得到自觉而有一种内在的改变。这便是“Buddha”(佛)这个字的意思。Buddha是梵文，“Bu”的意思是在你们的中枢神经知道真理。在我们进化的过程中，我们现在成为人。还有一小步，我们便可以得到觉悟的境界，即佛的境界。佛陀，还有耆那教的大雄，他们生在大约相同的世代，他们都很热切希望人们得到他们的自觉。他们都不说神。因为如果他们说神的话，那些人便只会拜神，而不去追求自觉。但如果没有自觉，我们便不能吸收任何宗教原理在我们之中。

例如，你可以是佛教徒、基督徒、印度教徒或回教徒，却可以犯下任何罪恶。这有甚么分别呢？所有这些只是个招牌。我们要真正成为得到觉悟的人。无论我向你们说甚么，你们都不要盲目接受。你们要好像科学家那样，保持开放的头脑，将我的话看成是一个假设。但如果这个假设被证实，那么作为诚实的人，你们便要接受它。你们刚才已听过内在能量系统的介绍，那是内在于你们的。当灵量提升起来，穿过六个能量中心，最后穿越头顶，你便变成是个得到觉醒的人。你们不能有意去静坐，而是要在静坐之中。有两个关于你们的真理你们要知道。从基本来说，你不是这个身体、这个思维、这个自我和超我、这个情感、这个头脑，你们都是纯洁的灵。这是我们要去成为的，为此你们内在才有这个能量系统。——著名的灵哈嘉瑜伽创始人锡玛塔吉

2、1. All is suffering The nature of the univer is ever-changing and constantly flowing. Change is the true essence of the universe. Therefore, all phenomena of the universe originate from the interaction and synchronicity of preconditioned factors occurring at the same time and space Human beings evaluate everything based on their own perspective of benefit. Anything that is beneficial to me is happiness, while anything that is not beneficial to me is pain. Nevertheless, all living things follow the evolving rule of birth, existence, deviation and disappearance. All things that are pretty and lovely in the present will definitely become different, become worse, and become ruined- thus cause the pain of separation from all events and objects that we long for Today's beauty, youth and strength will be the cause of pain when we are no longer beautiful, young and strong. Therefore, Buddha says, "All is suffering." 2. Methods of cultivation to achieve the elimination of suffering The Essential Universal Truth is the method to terminate suffering and reach eternal joy. human beings suffer because of the ego-self - the inner feelings come from our values and expectations in regard to the external world For human beings to terminate suffering, we first need to understand that the values of everthing in the external world (transient nature of every living things) and the feelings of our inner world, are both formed by our own mind. The mind is the guid of the body. The mind thinks, and the body follows in action. Humans need to conquer their body and mind and be their own master. The first important thing is to discipline your mind. Once your own mind submits to control, the boy will naturally obey. Human beings should cleanse the consciousness of the ego-self. Do not allow greed, resentment and a vicious mind remain in the exitence of self-consciousness, this is how the mind automatically becomes pure. A human being has the concept of a separate "I", therefore, when he faces a certain time and space, he thinks about changing that particular time and space and positioning himself against that time and space. If a human at any time and place can dissolve into that particular time and spce, then he will become one with essence of that time and spcae. To reach teh other shore of wisdom as well as eternal peace and joy, the sequence of learning is abiding by concepts, centring the mind through meditation and developing wisdom. Abidibg by the precepts and living a simple lifestyle, as well as staying away from evil deeds, will minimize any emotions. Centring the mind through meditation-without any daydreaming - will keep desires and greed far way. By observing our own mind carefully, we will come to the true understanding of the formation of suffering, as well as disappearance of suffering- the ultimate wisdom. 3. Be the real master of one's own body and mind Every person has the inner ability to evolve. We must depend upon our inner guidance to direct us to the right path; we must depend upon the proper method to march in the right direction. Each of us has to help ourselves to salvation; nobody else is capable of our salvation. ordinary people often only consider the short-term benefit of the ego= self of "I". They calculate those menial and short-lived benefits inch by inch, becoming ecstatic over them and worried sick over them. The wise ones choose to let go of small ego-self and orient themselves towrds the long-term goal of

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wholeness. Wise people dissolve himself without ego into all space, into all time, because he can achieve this kind of state of mind- nirvana. With awareness, we should seek the secrets of our own spirits and enrich our inner content, we should march towards inner evolution and development in mental quality. Eventually, we will find that joy brought about by modifying our body and mind, and developing mental treasures in so surprisingly sweet and permanent...

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