«A Guy's Guide to Bei»

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内容概要

Don Corleone said it best — but these days, it's harder than ever to know how to act like a real man. Now, renowned actor and true-life man's man Frank Vincent — famed for his unforgettable tough-guy roles in such classic films as Raging Bull, Goodfellas, and HBO's The Sopranos — shows how any man can be all that he can be in love, work, play, and life, including:

- * Getting the best women by being the best man
- * Dressing like a champ
- * Winning big money and big respect in Las Vegas
- * Choosing the right song to set the right mood
- * Knowing how to eat and cook like a man
- * Movies that men will always love
- * Selecting, smoking, and savoring a great cigar

Remember: if you want to learn how to be a man's man, you gotta learn from a man's man. And that man is Frank Vincent

A man's man, according to actor Vincent, is "a jack of all trades, but also a master of all," who drinks only imported beer (that is, when he can't round up a fine scotch, a gin martini with three olives, or a glass of wine), wears cologne, owns a "tailored to perfection" tuxedo and can afford to own only designer clothes (those of Italian origin hold particular sway with Vincent, who's appeared in The Sopranos and Goodfellas). With one glance at the cover, most readers will be able to divine the majority of Vincent's guidelines, but there are a few surprises: recipes for lentil soup, the divination of a Fire & Ice rose and a brief passage on the virtues of monogamy. These, however, are couched in lessons on how to live life as if it were an audition for a bit-part in a gangster movie, told in predictably gauche prose. ("If you want to be a big dog, then don't play like a puppy.") Want to learn how to smoke a cigar? Order a martini? Appreciate wine? Talk your way into an exclusive club? It's all in here, but it's all been done before.

Frank Vincent is a veteran of over 50 films by some of the world's most respected directors, including Raging Bull, Goodfellas, Do the Right Thing, and Casino.

Steven Prigg é is the co-author of the Italian-American celebrity cookbook Shut Up and Eat!, and the author of Movie Moguls Speak and Created By. He also writes freelance articles for one of the most widely read food magazines in the world, Bon Appetit.

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