# 《MONEY IN YOU THE(发现》

### 图书基本信息

书名:《MONEY IN YOU THE(发现你的财商:像百万富翁一样生活)》

13位ISBN编号:9787800608544

10位ISBN编号:7800608549

出版时间:2006年

出版社:Rayo

页数:240页

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#### 内容概要

From New York Times bestselling financial guru Julie Stav comes The Money in You!, a spot-on primer that pinpoints your financial personality, thus helping you to overcome the self-imposed hurdles that keep you from living the rich life of your dreams.

Socrates' guiding rule was "Know thyself." These words are of eternal significance, and, arguably, no better advice has ever been given to man or woman. Yet, what would Socrates have said if he had to dispense practical financial advice in today's hyper-spending, debt-saturated climate? With the myriad pressures involved in building wealth, instilling practical spending habits in ourselves and our kids, and ultimately establishing a life in which money is abundant and our fiscal future secure, undoubtedly he would tell us, "Know thy financial self."

In The Money In You!, Julie Stav introduces us to five different financial personality types. According to Julie, it is our financial nature&#8212the way we handle money matters&#8212that forecasts our financial future.

Julie shows readers that no amount of data or market expertise trumps the fundamental truth we all forget&#8212that building wealth, attaining security, and establishing personal success can only be achieved when we recognize our strengths and weaknesses. If we are in touch with our motivations, our desires, and our innate tendencies, we can shed the guilt of making the same mistakes over and over; we can halt the vicious cycle of overspending, debt, and ruined relationships. It is then that we are able to restructure our lives to fit our individual goals, whether it's learning to play the stock market or just saving for shoes.

Finally, Julie shows us how to establish healthy relationships with the people who are affected by our financial decisions, and who affect us with theirs. Endlessly entertaining, this book will initiate feisty discussions over just who we are and how we interact with others. Julie Stav will both delight and inform.

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