

《100 Best Vegetarian》

图书基本信息

书名：《100 Best Vegetarian Recipes100个最佳素食食谱》

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内容概要

在线阅读本书

Easy Meatless Dishes for Everyday Meals This irresistible little book presents 100 essential vegetarian recipes – easy, delicious, wonderfully adaptable dishes that you're guaranteed to love, from Green and White Lasagna to Indonesian Vegetable Stew. Updating dishes from the author's classic, award-winning 1,000 Vegetarian Recipes, it's a must-have kitchen companion, whether you enjoy meatless meals occasionally or you are a devoted vegetarian.

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书籍目录

Introduction. Menu Planning. Appetizers. Salads. Soups. Entrees. Side Dishes. Basic Recipes and Techniques. Mail Order Sources. Index.

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