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#### 章节摘录

版权页: 2. CHRONIC BRONCHITIS GENERAL CONSIDERATION The definition of chronic bronchitis requires that productive cough be presenton most days for a minimum of three months in the year in at least two consecutive years in order to make the diagnosis. The disease is probably the most commondebilitating respiratory disease in China. There is a strong association with inhalation of irritant substance such as various forms of air pollution and heavy smokers. Thepathologic findings include hyperplasia and hypertrophy of the submucosal bronchialmucous glands, hyperplasia of bronchiolar goblet cells, sequamous metaplasia ofbronchial mucosal cells, chronic and acute inflammatory infiltrates in the bronchialsubmucosa, profuse inflammatory exudates in the lumens of brochi and bronchiolesand denudation of bronchial mucosa. In traditional Chinese medicine, this disorder is called "Ke Sou" and is thoughtto be caused by damp, cold and heat phlegm and deficiency of the lungs. CLINICAL MANIFESTATIONS The hallmark of chronic bronchitis is chronic cough and sputum production. Productive cough may be present on most of the days, at least for many years. The disease is commonly seen in old men and women with an onset related to winter andis caused by cold. At early stage, cough is productive and often occurs in the morning. This may be the only symptoms and may gradually become serious and symptoms such as dyspnea on exertion may develop. As the disease progresses, the course of the illness is usually marked by recurrentepisodes of acute respiratory failure resulting from infectious exacerbations of thebronchitis. Clinically, the manifestations are increased cough, change in sputum fromclear and mucoid to purulent, fever, dyspnea and varying degrees of respiratory distress. The course of the disease is one of gradual increase in frequency and severity of episodes of acute infection and respiratory failure, eventually resulting in intubation and the need for almost constant ventilatory assistance. Death usually occurs during an episode of respiratory failure. The physical findings vary with the stage in which the patient is examined. During relatively quiescent period, the only findings may be increased anteroposterior diameter of the chest, hyperresonance to percussion, prolonged expiratory phase, scattered diffuse coarse or moderate rhonchi and rales and wheezing. Later thepatient may manifest the signs and symptoms of pulmonary hypertension and rightventricular failure, i.e. increased second heart sound, pedal edema, hepatomegaly andascites.

#### 编辑推荐

《外国人学中西医结合疗法》告诉大家传统中西药物每个都有自己的优点和缺点。作者的临床研究自我实践,涵盖范围广泛的疾病的不同系统的人体具有独特的疗法,比任何西方或中国传统医学和可以令人满意的治疗某些疾病不能治愈的或其他药物。

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