

《临床护理技能实践手册》

图书基本信息

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内容概要

《临床护理技能实践手册(双语)》为中英文双语教材，在帮助学生掌握护理基本技能的基础上，强化训练学生的医学、护理专业英语，提高运用水平，是一本与涉外医院医护实际工作密切联系的专业英语交流的指导教材。以技能培养为主体，结合国内外整体护理的理念培养学生的综合护理操作能力。以操作程序为主线，培养学生规范化、程序化的操作技能，促进学生胜任国内外医院护理操作工作。

书籍目录

第一章健康评估 Chapter 1 Health Assessment 一、会谈 Unit 1 Interview 二、一般状态、皮肤、浅表淋巴结评估... Unit 2 Assessment of General Status, Skin, and Superficial Lymph Nodes 三、头、面、颈部评估 Unit 3 Assessment of Head, Face, and Neck 四、胸部评估 Unit 4 Assessment of Chest 五、心脏及外周血管评估 Unit 5 Assessment of Heart and Peripheral Vessels 六、异常心肺评估 Unit 6 Assessment of Exceptional Heart and Lung 七、腹部评估 Unit 7 Assessment of Abdomen 八、脊柱、四肢及神经系统评估 Unit 8 Assessment of Spine, Limbs and Nervous System 九、心电图描记及分析 Unit 9 Electrocardiogram Record and Analysis 第二章护理基本技术 Chapter 2 Basic Technology of Nursing 一、铺备用床 Unit 1 Making a Closed Bed 二、铺暂空床 Unit 2 Making an Unoccupied Bed 三、铺麻醉床 Unit 3 Making a Postoperative Bed 四、卧床病人更换床单法 Unit 4 Changing an Occupied Bed 五、轮椅运送法 Unit 5 Wheelchair Transportation 六、平车运送法 Unit 6 Platform Wagon Transportation 七、常用卧位 Unit 7 Common Lying Positions 八、协助病人更换卧位法 Unit 8 Assisting Patients to Change Position 九、协助病人移向床头法 Unit 9 Moving Patients up in Bed 十、保护具的应用 Unit 10 Application of Protection Apparatuses 十一、病人跌倒的预防 Unit 11 Prevention for Patients' Falling 十二、洗手技术 Unit 12 Handwashing 十三、无菌技术基本操作方法 Unit 13 Sterile Technique 十四、穿脱隔离衣 Unit 14 Donning and Removing an Isolation Gown 十五、口腔护理 Unit 15 Oral Care 十六、床上洗头 Unit 16 Washing Hair for Bed-bound Patients 十七、床上擦浴 Unit 17 Bathing for Bed-bound Patients 十八、晨间护理 Unit 18 Morning Care 十九、晚间护理 Unit 19 Night Care 二十、生命体征的测量 Unit 20 Measurement of Vital Signs 二十一、热疗法 Unit 21 Heat Therapy 二十二、冷疗法 Unit 22 Cold Therapy 二十三、鼻饲法 Unit 23 Nasogastric Tube Feeding 二十四、大量不保留灌肠法 Unit 24 Large-volume Non-retention Enema 二十五、小量不保留灌肠法 Unit 25 Small-volume Non-retention Enema 二十六、保留灌肠法 Unit 26 Retention Enema 二十七、肛管排气法 Unit 27 Exhaust with Rectal Tube 二十八、男病人导尿术 Unit 28 Male Urinary Catheterization 二十九、女病人导尿术 Unit 29 Female Urinary Catheterization 三十、留置导尿管术 Unit 30 Retention Catheterization 三十一、口服给药法 Unit 31 Administering Oral Medications 三十二、抽吸药液法及青霉素皮试液的配制 Unit 32 Medication Suction and the Preparation of the Liquid for Penicillin Skin Test 三十三、皮内注射法 Unit 33 Intradermal Injection 三十四、皮下注射法 Unit 34 Subcutaneous Injection 三十五、肌肉注射法 Unit 35 Intramuscular Injection 三十六、静脉注射法 Unit 36 Intravenous Injection 三十七、氧气雾化吸入疗法 Unit 37 Nebulization by Oxygen 三十八、超声雾化吸入疗法 Unit 38 Ultrasonic Nebulization 三十九、周围静脉输液法（密闭式） Unit 39 Peripheral Intravenous Infusion (Closed) 四十、小儿头皮静脉输液法 Unit 40 Scalp Vein Infusion of Children 四十一、静脉留置针输液法 Unit 41 Intravenous Catheter Infusion 四十二、经外周静脉穿刺置入中心静脉导管（PICC）护理技术 Unit 42 Nursing Technology of Peripherally Inserted Central Catheter (PICC) 四十三、静脉输血法 Unit 43 Blood Transfusion 四十四、痰标本采集法 Unit 44 Collection of Sputum Specimen 四十五、咽拭子标本采集法 Unit 45 Collection of Pharynx Swab Specimen 四十六、血标本采集法 Unit 46 Collection of Blood Specimen 四十七、尿标本采集法 Unit 47 Collection of Urine Specimen 四十八、氧气吸入疗法（含装氧气表） Unit 48 Oxygen Therapy (Including Assembling the Oxygen Equipment) 四十九、洗胃法 Unit 49 Gastric Lavage 五十、电动吸引器吸痰法 Unit 50 Electric Suction Phlegm 五十一、尸体护理 Unit 51 Body Care 第三章妇产科护理技术 Chapter 3 Obstetrics and Gynecology Nursing Technology 一、骨盆外测量技术 Unit 1 External Pelvimetry 二、腹部四步触诊法 Unit 2 Four Steps for Abdominal Palpation 三、正常分娩（接生） Unit 3 Normal Delivery (Birth) 四、阴道后穹窿穿刺术 Unit 4 Puncture of Posterior Fornix of Vagina 五、尺测宫高、腹围技术 Unit 5 Measure the Uterus and Circumference of Abdomen by Measure Tape 六、双合诊、三合诊、肛腹诊检查技术 Unit 6 Examination Technology of Bimanual Examination, Vagino-recto-abdominal Examination, and Recto—abdominal Examination 七、产后运动指导 Unit 7 Exercise Guidance after Delivery 八、乳房按摩技术 Unit 8 Breasts Massage 九、阴道、子宫颈上药法 Unit 9 Medicine for Vaginal and Cervix 十、新生儿脐部护理技术 Unit 10 Nursing Technology of Neonatal Umbilical Region 十一、阴道灌洗 Unit 11 Vaginal Irrigation 十二、胎心监护仪使用技术 Unit 12 Nursing Technology of Fetal Heart Monitor 十三、会阴消毒技术 Unit 13 Perineal Disinfection Technology 第四章儿科护理技术 Chapter 4 Pediatric Nursing Technology 第五章内科护理技术 Chapter 5 Medical Nursing Technology 第六章外科护理技术 Chapter 6 Surgical Nursing Technology 第七章急救护理

章节摘录

版权页： 1. Take the items to the bedside, check and explain 2. Clean the vulva, shave the pubic hair as needed, and insert the catheter as catheterization 3. After releasing urine, pinch the end of the catheter; remove the fenestrated drape and the gloves; fix the catheter (1) Strapping method Female: Cut 2/3 part of a 12 cm × 4 cm tape into three. Stick the complete 1/3 part on the mons pubis, then stick the middle one of the other 2/3 part on the catheter with spiral shape, and then cross stick the other two on the opposite side of the labia majora Male: Take two 12 cm × 2 cm tapse;cut a small hole on each side at 1/3 to the end respectively,fold it to be non-adhesive surface, and make a single butterfly wing tape. Stick the adhesive side of thetwo tapes on the penis, and then make a thin tape as semi-circular and fix it on the penis, Fix the folded ring of the two tapes on the catheter with a tape at 1 cm away from the urethra orifice (2) Double channel retention catheter Insert the catheter as catheterization, andadvance the catheter a further 4 cm to 6 cm when urine appears. Inflate the balloon with the exact amount of normal saline indicated on the catheter. Pinch the end of the balloon, and retract the catheter until you feel resistance, which indicates that the catheter tip is anchored in the place above the bladder outlet 4. Attach the end of the catheter to the tube of the drainage bag, and open the catheter. Fix the tube to the bed sheet with a rubber rope or a pin 5. Fix the drainage bag below the bladder 6. Assist the patient to put on pants and get a comfortable position. Do instruction for retention catheter. Tidy up the bed and dispose the items 7. Wash hands and record Respect the patient and get cooperation Operate according to aseptic operation strictly, to prevent urinary infection Female urethra is short, the catheter is easy to slide out, so the catheter should be properly fixed

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编辑推荐

《临床护理技能实践手册(双语)》主要适用于护理专业本科或高职高专涉外护理方向学生，也可供在职护士继续教育或出国护士培训使用。

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