《..Golf 高尔夫》

图书基本信息

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内容概要

This is the ideaL book for the golf enthusiast who wants to improve and perfect their game, gain an in-depth knowledge of the ruLes of the game and who is inspired by reading about ten of the WorLd's most prized golf courses. It's packed fuLL of practicaL advice that reveaL the secrets of successfuL goLf techniques, aLL expLained in superb step-by-step coLour photography and easy-to-foLLow instructionaL text. One of the UK's foremost professionaL goLf instructors, the author Chris Meadows gives his professionaL, no-nonsense advice and tips on: choosing the correct equipment developing a consistent and effective swing deaLing with the intricacies of the short game - chipping, pitching and putting quick fixes for common faults the rules and etiquette of goLf. The perfect book for beginners and experienced golfers aLike, packed fuLL of essential information that wiLL enhance your enjoyment and performance of this chaLLenging and wonderfuL game.

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